

May 2024

Headteacher : Mrs Kelly O'Connor

## ALTS Gazette



### Welcome to our Summer 1 Edition of the ALTS Gazette

[www.alts.northants.sch.uk](http://www.alts.northants.sch.uk)



Dear Parents/Carers,

I hope you enjoy reading through the class pages to see what exciting activities the children have been taking part in. I can't quite believe we are about to enter the last term, and what a busy term we have ahead of us! Next term we also look forward to welcoming our new EYFS for some 'stay and play sessions' and all children will have a chance to spend a day in their new classes.

We hope you all have a lovely half term break and we look forward to welcoming you back on 3rd June.

Mrs O'Connor

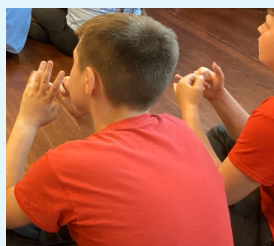


[schooloffice@alts.northants.sch.uk](mailto:schooloffice@alts.northants.sch.uk)

### Deaf Awareness Week

Deaf Awareness Week took place this month, a week dedicated to the 50,000+ young people who are deaf or have hearing problems in the UK.

We were lucky enough to welcome Anna, a friend of our school, to a special assembly where she explained to the children what it means to be deaf, how she manages her everyday life and things they need to remember when communicating with a deaf person. She answered several very thoughtful questions from the children and even taught them some British Sign Language.



**We would really appreciate donations of:**  
Good condition Bric-a-brac, books, toys, cuddly toys, sweets (for prizes), cakes and raffle prizes for our **FOALTS Summer Fayre**.

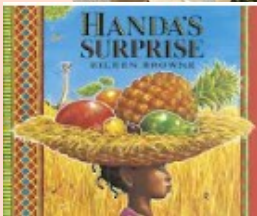
**Please send any donations into school with your child.**

# Donaldson Class

This term Reception have been busy reading the story of "Handa's Surprise" by Eileen Browne. They have been learning about the continent of Africa, where it is located on the globe and how different the climate is compared to England. They have been researching animals that live in the Savanna and comparing their skin types.



During exploring time, the children have been building safari parks and zoos and comparing animals from different hot and cold climates. They even got to cut up and taste different fruits that grow in warmer climates for their snack. The children enjoyed tasting all the different fruits which included pineapple, orange, mango, tangerines, avocado and banana. Mango was a popular choice but many children didn't like the avocado!



As the warmer weather has eventually arrived, Donaldson Class have been outside enjoying the sensory garden. They have had lots of fun making dens together and sheltering from the sun! They have been using their magnifying glasses and hunting for bugs and mini beasts under the logs and in the tall grass. They managed to find a wiggly caterpillar, lots of spiders and a big and very small snail. They enjoyed watching the snails squirm across the floor and behaved calmly around the creatures.





# Ahlberg Class



In Geography we have been learning about different parts of Australia and some of their famous landmarks.

In RE we have been learning about why we should care for our world and understanding creation stories and the beliefs about relationships between humans and nature.



In PE this term we have been learning skills. We have learnt how to balance and pass a beanbag to our friends. I really enjoy having fun in PE and trying.



In History we have been learning about The Mayor of London and The Prime Minister. Children enjoyed making a fact file.

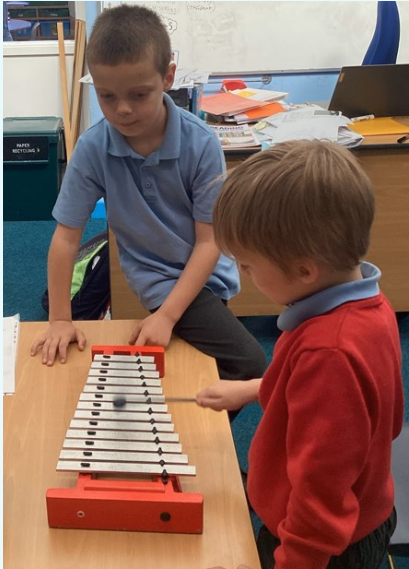


In Science we have been learning about Forces: pushes and pulls and experimenting with different objects.





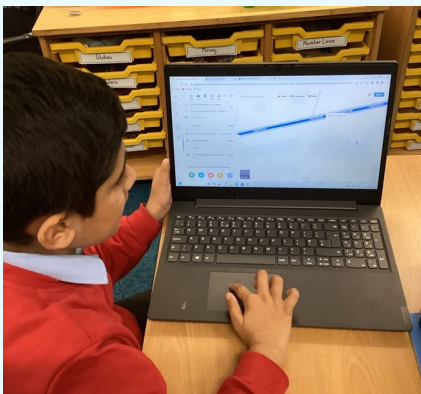
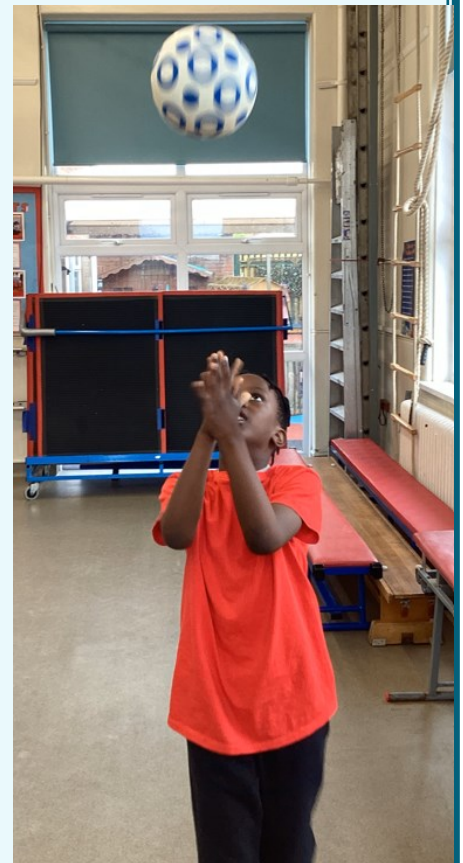
# Rosen Class



We took part in deaf awareness week. We met Anna, who is deaf, and she taught us some sign language and how to best communicate with someone who is deaf.



In Music, we have learnt a song called 'Once a man fell in a well'. We then used musical notation to play the melody on glockenspiels.



In Geography, we looked at our routes to school using Google Maps. We identified different ways that land has been used on our journeys.



In PE, we have been learning about Invasion Games and how to be an effective defender and attacker. This has included developing different ways of passing a ball and throwing and catching with accuracy.



# ALTS Online Safety Information!

## SOCIAL MEDIA & Mental Health

### What trusted adults need to know

Social Media is often scrutinised as having a negative impact on children's mental health. Whilst currently there is not enough evidence or research to say whether this is true or not, there are certain 'modern pressures' connected with social media which trusted adults need to be aware of. Children and young people are constantly connected and whilst this comes with some benefits, it also comes with a feeling that you are constantly visible. This guide is designed to encourage trusted adults to think about their children's mental health and their social media activities, providing them with some useful tips on improving and supporting mental health among young people.

### Five potential signs & symptoms of mental health difficulties

1. Have you noticed a change in your child's personality? They may not be acting or feeling like themselves.
2. Any recent uncharacteristic anxiety, anger, or moodiness?
3. Is your child experiencing social withdrawal and isolation?
4. Is there a sudden lack of self-care or risky behaviours?
5. Does your child have a sense of hopelessness or feel overwhelmed?



National Online Safety®

#WakeUpWednesday

### Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



### 1. EDUCATE YOURSELF

Educate yourself about social media sites your child is using so you can really understand what they are experiencing and how this may be making them feel.

### 2. DISCUSS REAL-LIFE CONNECTIONS

Talk about the importance of face-to-face time with friends and family, and what enjoyment this can bring. Encourage your child to focus on their relationships with people who make them feel good about themselves.



### 3. SUGGEST REGULAR BREAKS FROM SOCIAL MEDIA

Encourage your child to take regular breaks from checking their social media platforms. You could suggest that they turn off their app notifications during certain times of the day so they can focus on other things.



### 4. ENCOURAGE OTHER HOBBIES OR INTERESTS

Spending time away from their phone and devices will offer them an opportunity to discover other interests and activities they may enjoy. This could be sports, playing a musical instrument or creative interests such as arts and crafts.



### 5. OFFER YOUR SUPPORT

Inappropriate and harmful content can be accessed on the internet which may impact your child's mental health. Explain to your child that not everything online is real and ensure they know that you are there to support and advise them about any worries or anxieties they may have.



### HELPFUL APPS:

- Hub of Hope
- Mindshift
- Smiling Mind



### OTHER SERVICES:

- Childline (0800 1111)
- Bullying UK (0808 8002222)
- Young Minds (0808 802 5544)



Sources: <https://www.centreformentalhealth.org.uk/publications/social-media-young-people-and-mental-health>, <https://www.ons.gov.uk/peoplepopulationandcommunity/wellbeing/articles/measuringnationalwellbeing/2015-10-20>, <https://www.nrph.org.uk/uploads/assets/uploaded/62be270a-a55f-4719-ad68-2ec7a742a.pdf>, <https://www.psychologytoday.com/us/blog/cutting-edge-leadership/201505/5-warning-signs-mental-health-risk>



# Blyton Class Summer 1

As we come to the end of another term, I would like to say how proud of each and every member of Blyton Class. They have all worked so hard this term to develop their knowledge and their maturity. We are a real team and their empathy and kindness for each other is wonderful. I hope you all have a lovely break and get to enjoy some quality family time in the sun!

## English

This term, we have worked on our re-count skills in the form of a diary entry based on the events of Pompeii. They have all blown me away using brilliant vocabulary within their amazing writing and drama sessions.

## Science

Our topic of Plants this term has given us the opportunity to grow our own sunflowers to learn more about the life cycle of a plant. Also the chance to dissect flowers to see all the parts we have learnt the functions of. And for me to get lily pollen all over my face!

## Art

As a school, we all looked at The National Gallery's Take One Picture painting. This year, the painting was 'A Courtyard of a House in Delph'. After exploring the painting, Year 3 were challenged to reproduce the trees, showing tone. I am sure you will be impressed with their artistic vision.

## PE

This term, we have developed our skills within Athletics and Dodgeball. Lots of resilience and determination to improve was noted by myself and Mr Cox.





# ALTS Eco Ambassadors



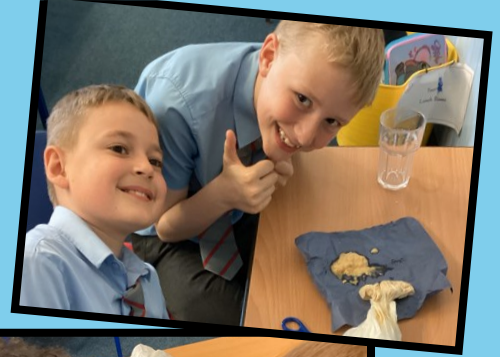
**The Rotary Club of Rushden and Higham have provided raised beds and plants for our children as part of their Gardens for Schools Project.**



Our **Eco Ambassadors** will be working with Mrs Pearson and Mrs Kirby to grown and maintain the vegetables which will then be sold to our community and all funds raised will be given to the local food bank. The Ambassadors have also been provided with a file to keep a diary of how our garden grows and for the pupils and staff to record how they are benefitting from working in the garden.



# Dahl Class

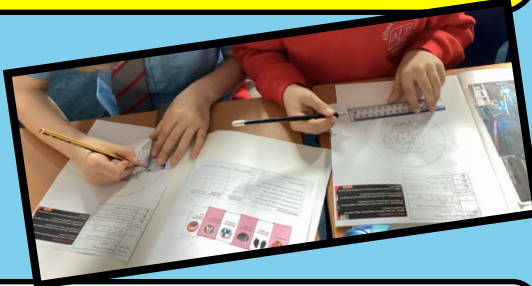


In Science, children have been learning about and exploring the digestive system. Did you know that the small intestine is actually 7 metres long?



In PE this term, children have developed their skills of balancing both individually and in pairs, children then combined movements to create a sequence. They have started training for the mini Olympics in Athletics developing their sprinting and long jump skills!

In Geography this term, children have been learning about erosion and how longshore drifts affects the beaches along the coast. Look at these amazing collages the children have created.



In Art, children finished off their design topic and created some mandala patterns and a Japanese art form called 'Notan'.



## Year 4 Times Table Check In June

All our children in Year 4 will be taking part in a statutory times table check. The purpose of the multiplication check is to determine whether pupils can recall their times tables fluently, which is essential for future success in mathematics. All children are expected to be able to recall all tables up to  $12 \times 12$ . The test consists of 25 multiplication questions and the children have 6 seconds to recall the answer for each one. This is similar to the 'sound check' children complete regularly in school on Times Table Rockstars.



# Blackman Class

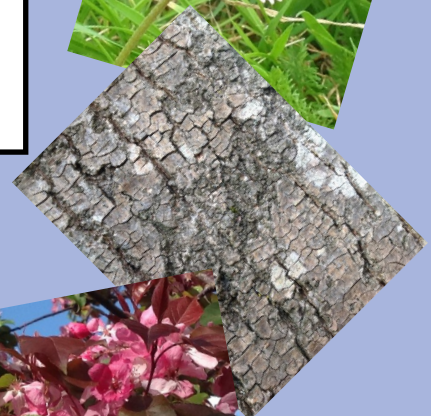


In PE, we have been learning about outdoor adventurous activities. We created maps and navigated using PE equipment. We had to use teamwork, communication and resilience when rolling a ball along two skipping ropes.

**By Bronwen**

In Art, we have been learning about photography. We learnt to take photos from different angles such as: worm's eye view, bird's eye view, becoming the subject and eye level. We also learnt about framing. We used hands, objects and windows to frame our photos.

**By Freya**





# Shakespeare Class



## Chill-Out Afternoon



  
**WELL DONE  
YEAR 6  
SATs  
ARE OVER!**

A huge well done to all the Y6 children after a tough week completing their SATs tests. We would like to congratulate all of them on their hard work during the week's assessments. The children really gave their all in each test and we are so proud of the positive attitude they all showed.

### PSHE

We have been learning about how our mental health needs looking after. We found out that the feelings some of us have are perfectly normal and that some stress in our lives is normal and makes us stronger. We watched videos and discussed different scenarios about people who were finding their situations hard. We worked in groups to think of advice we could give them to help.

**By Charlotte & Sasha**

### English

In English, we have been doing lots of writing since SATs to prove that we can include the whole range of Y6 punctuation and writing features before we start Y7. **By Charlie-Lee**

**We are working on persuasive tourist leaflets to persuade people that a city of our choice is an appealing place to visit. We researched hotels, places of interest, football, and open topped bus tours around the cities. By Riley**



# SPORTING EVENTS

Hockey tournament Raunds Manor  
2nd Place!





# ALTS Puzzle Page

## Can you solve the following puzzles?

FIND  
7  
DIFFERENCES



Can you solve this?

 +  +  = 60

 +  +  = 30

 -  = 3

 +  +  = ?

# BOGGLE

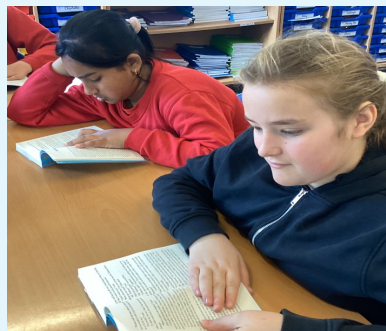
T	G	A	S
W	I	T	H
A	S	E	Y
L	E	U	G

My Words:

[illegible]

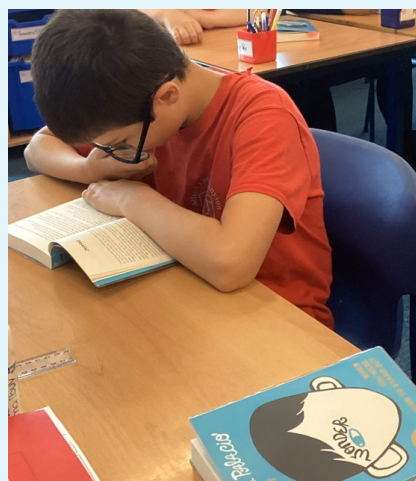


# Book Donations from Leicester Grammar School



Many thanks to Miss Hadfield, an English teacher and Charity Committee Co-ordinator from Leicester Grammar School, who donated a class set of books to Y6, as part of her school's work for World Book Day.

We chose the international, best selling novel 'Wonder' by R.J Palacio which tells a moving and inspiring story about a 12 year old boy with a facial difference. It explores the themes of: bullying, friendships, family and getting on and falling out.



## Language and Culture Club

This is a great club which many children have attended this term . It is held on Wednesdays in our French Room. So far we have found out about and practiced Italian, Spanish, Portuguese, Romanian, German, Japanese, Chinese, Shona and Malayan.

In each session we look at the geography, the customs and traditions and try some of the traditional, local food from that country.

## Extra Curriculum Clubs

For all after school clubs, booking needs to be via the ParentPay app please.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime</b>	12-1 Sports Activities	12-1 Sports Activities 12-1 Crochet	12-1 Sports Activities 12-1 Language Club	12-1 Sports Activities	12-1 Sports Activities 12.30 TT Rock-stars
<b>After School</b>	Athletics KS2 Choir	Athletics KS1	Football KS2 - Y3/4	Dance and Gym KS1	Football KS2 - Y5/6



# HALF TERM FUN!

Are you looking for sports enrichment opportunities and fun activities for your children this May Half Term?

Please find attached the flyer from ProSports' Rushden Sporty Holiday Club.

This is an amazing opportunity for children to attend a club that will help support their physical and mental well-being in a fun and safe environment delivered by qualified sports coaches.

At the club children will play lots of fun games, learn a variety of sports and will have the chance to win prizes every day!

To find out more about ProSports' Sporty Holiday Clubs please visit their Facebook page @SportyHolidayClub.

The club also offers a sibling discount (50% off additional children) and a free day for each full week booked! 9 am-3 pm / £25 per day or 4 days for £75.

Places are limited! Therefore, we advise you to book your place early to avoid disappointment.

Your child will need a packed lunch, water bottles with plenty to drink, indoor and outdoor trainers and clothes appropriate for all physical activities.

If you require any further information, please do not hesitate to contact ProSports via [marketing@pro-sports.co.uk](mailto:marketing@pro-sports.co.uk)

**To book, please go to:  
[www.pro-sports.co.uk](http://www.pro-sports.co.uk) to  
 secure your child's place**



# HALF TERM FUN!

 North Northamptonshire Council



## May Half Term Holiday Activities

Tuesday 28th May to Friday 31st May

For further information please visit our website:  
[www.northnorthants.gov.uk/holidayactivities](http://www.northnorthants.gov.uk/holidayactivities)

 freedomleisure where you matter  North Northamptonshire Leisure

 Stanwick Lakes  
Nature Heritage Adventure

## ANCIENT ADVENTURES BOUDICCA'S IRON AGE QUEST



Welcome, young warriors...  
...a fantastic journey awaits!



Are you ready  
to travel back in time and find out about  
life in the Iron Age?

Help Boudicca the Warrior Queen on her  
quest to gather supplies on her way to find  
the Stanwick Lakes Iron Age Settlement.

The search starts in **THE HERITAGE MUSEUM!**  
Then, follow the trail around Celtic Lake to  
match each sticker to a stop on the map!  
Once complete, return to the Visitor Centre  
to claim some heritage treasure of your  
very own to take home!



Share your photos  
on social media:  
Tag @stanwicklakes  
to get your  
photos shared!

**STOP 1:  
START AT  
THE HERITAGE  
MUSEUM...  
MEET  
BOUDICCA!**



# HALL PARK RUSHDEN

SUNDAY  
JUNE 9TH  
2024

Download an entry form today!



 AJ CYCLES  
HIGH QUALITY BIKES & ACCESSORIES

 BEAT ROUTE RADIO

 KT KING TOOLS UNLIMITED

 Santa Pod Raceway

## Start your Build!

# APPLY NOW!

# RUSHDEN'S SOAP BOX DERBY



The decision of the marshals is FINAL!



For more information contact Rushden Town Council  
01933 316216 or email [info@rushdentowncouncil.gov.uk](mailto:info@rushdentowncouncil.gov.uk)



# Team Points

			
21	18	17	16

## Weekly Awards

'Tidy Broom' award has been won by: Rosen, Shakespeare, Blackman & Blyton

Our 'Reading Cup' has been won by: Blackman, Blyton, Blyton, Shakespeare, Blyton

Our 'Attendance Cup' winners were : Nursery, Dahl, Blyton, Rosen , Rosen , EYFS

Our 'Fab Friday ' winners for this term were:

**Donaldson Class:** Jayden, Rachael, Michael, Sarah

**Alhberg** - Dora, Evelyn, David, Sienna

**Rosen** - Coral, Hyllan, Emily, Junior

**Blyton Class:** Scarlett, Evelyn, Jamiila, Leanda, Aryaan

**Dahl Class :** Abel, Chloe, Shae, All Y4

**Blackman Class :** Thomas, Marley, Kellie-Mai, Keelan

**Shakespeare Class:** Ellie –May , Charlotte, Oscar, Mason

## ALTS Awards



Donaldson EYFS	Alhberg Y1	Rosen Y2	Blyton Y3	Dahl Y4	Blackman Y5	Shakespeare Y6
Communication	Passion	Self Awareness	Resilience	Passion	Excellence	Excellence
Ayannah	Elijah	Teddy	Scarlett	Alberto	Jilson	Caitlyn



# Important Dates

## June

Monday 3rd	School reopens KS2 'Welly Wombles' assembly
Tuesday 4th	'Stay and Read' session starts, every Tuesday, 8.45am @ Infant Site KS1 'Welly Wombles' Assembly
Wednesday 5th	Y6 Swimming until end of term Y5/6 Dyanmos Cricket Comp (selected children)
Thursday 6th	KS2 'D Day' Assembly
Monday 10th	Y1 Phonics Screening week Healthy Week Activities
Tuesday 11th	Inclusive Arrows Competition (selected children)
Wednesday 12th	Rotary Trip (selected children)
Thursday 13th	KS2 Art Exhibition, 3.35pm in hall @ Junior Site
Saturday 15th	FOALTS Summer Fayre Choir performing at the Walled Garden
Monday 17th	KS2 French Day
Wednesday 19th	School Games Competition (selected children)
Thursday 20th	Dynamos Cricket Competition (selected children) KS1 Art Exhibition, 3.05pm in hall @ Infant Site
Thursday 27th	Sports Day, Whole School @ Junior Site (information to follow)

## July

Monday 1st	Reach More Parents <b>NEW</b> communication app due to be launched
Wednesday 3rd	Sports Day, Whole School (if rained off on 27th June)
Friday 5th	Transfer day spent in new classes/Secondary School. Y2 parent tour of Junior Site
Monday 8th July	'Come and See' after school (Information to follow)
Tuesday 9th	'Come and See' 8.45am (Information to follow)
Friday 12th	Pupil Annual Reports to be sent home
Thursday 18th	Y6 Production 2.15pm and 6.00pm (information to follow)
Friday 19th	Y6 Sleep Over (information to follow)
Monday 22nd	ALTS Awards (invitation only)
Tuesday 23rd	ALTS got Talent
Wednesday 24th	Last day for pupils Y6 Leavers assembly am (information to follow)